



PS 24 Queens Email Blast

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NEW YORK STATE MATH TESTS

GRADES 3, 4 and 5

Tuesday, May 2 – Wednesday, May 3 – Thursday, May 4

Who takes this test?

Students in grades 3–8 take the NYS Mathematics Test. English Language Learners are also required to take the NYS Math Tests; they may take a test translated into their native language.



How are the results reported?

The number of correct answers a student gives on a test is converted into the student's "scale score." Scale scores are divided into four performance levels. Schools distribute test results on Individual Student Reports (ISRs) to every parent. The ISRs include the student's scale score, performance level, and information on his or her strengths and weaknesses in the different skill areas tested. PS 24 distributes copies to parents when they return to school in September.

When & How Can I Get the NYS Test Results?

We expect that the final results will be released during the summer. Parents/Guardians will be able to access the results through the [NYC Schools Account](#). To set up an account you will need:

- (1) Your child's Student ID number, which you can find on his or her report card.
- (2) An Account Creation Code, which your school will supply.

You can open an account by visiting your school—you will need to bring a valid photo ID such as a driver's license or passport. Once the account is set up, you can just sign in to see your child's recent test scores, attendance records, and grades.

PS 24'S SCHOOL LEADERSHIP TEAM

The School Leadership Team meets once each month and provides a structure for school-based decision making and the development of a collaborative school culture. PS 24's School Leadership Team Parent Elections will be held during the May 25th PTA meeting for 7 parent positions. Flyers will be distributed shortly. We hope you will consider this wonderful opportunity to be involved in your child's education.

Helping Your Child Manage Test Anxiety

What Is Test Anxiety? Test anxiety is the uneasiness and tension that a child feels before, during or after a test due to uncertainty or fear of failure. Most children experience some level of anxiety during an exam. A little nervousness can actually motivate a child to study and perform well.

Physical & Emotional Signs of Test Anxiety: butterflies in the stomach; upset stomach; cold, clammy hands; sweaty palms; headaches; nausea; feelings of anger and/or helplessness; irritability; becoming easily frustrated

What Parents Can Do To Help Reduce Anxiety:

- Help your child to prepare everything that they will need the night before.
- Make sure your child relaxes and gets a good night's sleep.
- Make sure your child eats a healthy breakfast on the day of the exam. Foods such as eggs, cereal, fresh fruits and whole wheat toast help to energize the brain. Avoid foods that contain lots of sugar and caffeine—like soda, cookies and cake. Breakfast is available at PS 24 for all students beginning at 7:50am; enter by the Holly Avenue doors.

What Students Can Do To Help Reduce Anxiety:

- Wear comfortable clothing. They can wear their PS 24 "You Got This!" testing t-shirt!
- Arrive to school on time – PS 24Q school doors open at 8:15am!
- Think positive thoughts – "I can do this" "I have prepared well."
- Make sure you carefully read any instructions on the exam. Focus on only the exam. If you feel anxious at any time during the exam, take a few minutes to calm yourself by taking some deep breaths or stretch a little.
- Don't panic, just focus on completing what you know, put in your best effort and don't give up.



YOU GOT THIS!